How do I know if the House of Discernment is right for me?

That's a decision only you can make, but we can suggest a few things to think about that should help you:

- Do I have a desire to integrate my faith into all aspects of my life? Will living intentionally help me do that?
- Do I want to learn more about myself as a person? Do I want my relationship with God and others to grow?
- Am I comfortable with sharing my faith and religious beliefs with others?
- Do I have the ability to resolve conflicts in a Christian way?
- When I leave the House of Discernment, will I be financially secure, have a place to live and a plan for resettling myself?
- Do I believe the House of Discernment can help me find where God wants me to be?

If interested in the House of Discernment, please contact Sister Caryn Crook for more information.

Sisters of St. Francis of the Neumann Communities

www.sosf.org

Sister Caryn Crook, OSF

Sisters of St. Francis
of the Neumann Communities

Millvale, PA

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You have everything you need...

But it's not what you want.

Social media keeps you connected to people...

But you still feel lonely.

You have talents and gifts...

But you're not sure how God wants you to use them.

You're thinking about religious life...

But you don't know enough about it.

You can look for the answers to these life questions and more at the House of Discernment

SISTERS of ST. FRANCIS
of the Neumann Communities
House of Discernment
Pittsburgh, PA

What is the House of Discernment?

The House of Discernment is an intentional living experience in Millvale, Pennsylvania, just outside the city of Pittsburgh. It gives women from 6 to 12 months to think about their next path in life. You can listen to God through prayer and faith sharing with other women like you in a safe, welcoming environment. It's a place where you can deepen your relationship with God and learn more about yourself.

What do you mean by Intentional Living?

Intentional living is an opportunity for you to examine your life closely as you build relationships with other members of the household through shared meals, communal prayer, faith sharing and socializing. You attend college or go to work during the day, then join like-minded women in the evening.

How will I Discern God's Call?

There are many oportunities inside and outside the House of Discernment to help you find your path, including:

- Attend Camping/Hiking Retreats
- Pizza, Prayer and Share
  - A monthly gathering focused on faith, spirituality, prayer and discernment.
- Help God's people through service projects.
- Host Young Adult Retreat Days at the House of Discernment.

What are the requirements to live in the House of Discernment?

- A Roman Catholic woman between the ages of 20 and 50.
- Be willing to relocate to the Pittsburgh area.
- Be in good physical, emotional and spiritual health.
- Not be responsible for the care of another person and be free to enter the program fully.
- Be able to participate in the daily routines of the house.
- Be able to get along with others and resolve conflicts in a peaceful way.
- Be able to support yourself financially during the program and pay the $450 monthly program fee.